

Colour	Meaning
Red	Strong interaction, as food or supplement, mainly based on in vivo studies
Orange	Avoid in supplements. Allowed in moderation as food, mainly based on in vivo studies
Yellow	Possible interaction based on indirect or in vitro studies
Green	Beneficial. Decrease side effects and/or improve effectiveness
Grey	Lack of studies or interaction found

	NAC	Fenugreek	Melatonin	Ginkgo	Mate herb	Omega-3
	N-acetyl cysteine	<i>Trigonella foenum-graecum</i>		<i>Gingko biloba</i>	<i>Ilex paraguariensis</i>	Docosahexaenoic acid (DHA) Eicosapentaenoic acid (EHA)
Abemaciclib						
Alpelisib						
Anastrozole						
Atezolizumab						
Bevacizumab						
Bortezomib						DHA/EPA
Carboplatin						DHA
Cisplatin						
Capecitabine						
Cyclophosphamide Ifosfamide						EPA
Denosumab						
Docetaxel						DHA
Dostarlimab						
Doxorubicin						DHA/EPA
Epirubicin						
Eribulin						
Eriotinib						
Etoposide						
Everolimus						
Exemestane						

	NAC	Fenugreek	Melatonin	Ginkgo	Mate herb	Omega-3
	N-acetyl cysteine	<i>Trigonella foenum-graecum</i>		<i>Gingko biloba</i>	<i>Ilex paraguariensis</i>	Docosahexaenoic acid (DHA) Eicosapentaenoic acid (EHA)
Fluorouracil (5FU)						DHA/EPA
Fulvestrant						
Gefitinib						DHA
Gemcitabine						EPA
Imatinib						DHA
Irinotecan						DHA/EPA
Lapatinib						
Letrozole						
Methotrexate						DHA/EPA
Neratinib						
Olaparib						
Paclitaxel						DHA
Palbociclib						
Pembrolizumab						
Pertuzumab						
Procarbazine						
Ribociclib						
Rituximab						
Sacituzumab govitecan						
Sorafenib						DHA
Sunitinib						
Talazoparib						
Tamoxifen						
Temsirolimus						
Teniposide						
Trastuzumab						DHA
T-DM1						
Vincristine						DHA
Vinblastine						
Vinorelbine						DHA/EPA
Zoledronic acid						